

100%
DURUM WHEAT
SEMOLINA #1

Food for Thought



**Product: Enriched Whole Egg
Noodle Products**

NUTRITIONAL FACTS:

Serving Size 3.52 oz (100g / 7/8 Cup) Dry

	Amounts per Serving	% Daily Values
Calories	377g	
Calories From Fat	38g	
Total Fat	4.2g	6%
Saturated Fat	1.1g	6%
Trans Fat	0g	
Cholesterol	96mg	32%
Sodium	36.0mg	2%
Total Carbohydrate	70.0g	23%
Dietary Fiber 2	2.8g	11%
Sugars	4.0g	
Protein	14.8g	30%
Vitamin A	--	--
Vitamin C	--	--
Calcium	28mg	3%
Iron	3.64mg	20%
Thiamin	1.09mg	73%
Riboflavin	0.48mg	28%
Niacin	6.15mg	31%
Folate	0.24mg	60%

